We Are All Sacred Prevent Sexual Violence

Please hold your head up high with dignity. One of the most important things that I have learned over the years was to love myself. There are plenty of people out there that will try to push you down to make you feel lesser than. Disregard them, and stand for what is right. Please remember that you are here for a reason, that you are someone special and important. So, walk with dignity, grace and a respect for others. Our youth may be watching to see where you may lead them.

